

*Kid Connects*  
*Early Childhood Consultation*  
**Mutual Goal Setting**

Here are some common things that mental health consultants can assist with in child care settings. This is not meant to be an exhaustive list but rather a tool to use to discuss with providers what are their most pressing issues and what kinds of things they would like see addressed early on in the consultation relationship. Consultants can use this form to further describe the work of consultation and can begin to think together with providers about the depth and breadth of early childhood mental health consultation.

**I. ASSESSMENT AND PLANNING FOR CHILDREN**

- Classroom observation/assessment- including environment
- DECA classroom profiles- Protective Factors & Behavioral Concerns
- Social emotional promotion groups- Social skills, violence prevention, kindergarten readiness
- Classroom level interventions for groups of children
- Transitions (assessment of transitions, transition planning, activity transitions, classroom transitions)
- Developmental Assessments and Follow-ups

**II. WORKING WITH PARENTS AND FAMILIES**

- Parental support including 1:1 meetings, home visits
- Parent workshops
- Crisis intervention on behalf of parents/caregivers including referral brokering
- Parents groups (Parents/mothers/grandparents/alternative caregivers)

**III. COLLABORATION WITH TEACHERS/PROVIDERS**

- Consultation regarding specific children
- Classroom environments in support of children's development
- Building and implementing a social-emotional curriculum

- Attending teacher team meetings
- Support for teacher stress/personal problems
- Classroom behavior response
- Participate in parent/teacher conferences

**IV. STAFF DEVELOPMENT**

- Child development training
- Reflective Practice
- Emotional literacy in classrooms
- Team-building exercises
- Other \_\_\_\_\_

**V. ADMINISTRATION**

- Regular consultation with owners, directors, home providers on infusing supportive child development and social-emotional practices into settings
- Coordination with ancillary support resources including occupational & speech therapists, child welfare, medical services
- Attending staff meetings as requested
- Consultation re: effective staff interactions, meetings

**VI. COMMUNITY OUTREACH**

- Resource and referrals
- Assisting in special education referral and integration into the classroom

Health screening and integration efforts.

Date\_\_\_\_\_

Review on\_\_\_\_\_

Those involved with planning include\_\_\_\_\_

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Planning considerations\_\_\_\_\_

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